

I look forward to chatting with you!

Alexandra Carson

Alexandra Carson
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dravine@luriechildrens.org Ravine, Dawn Tuesday, November 15, 2022 at 2:24:25 PM Central Standard Time
To: acarson@kcsd96.org Alexandra Carson

Hello Alexandra, thank you so much for reaching out. We have programing direct to students and/or PD for puberty and health education teachers. Our programing is in line with both National Sexuality Education Standards and the new IL Keeping Youth Safe & Healthy policy (we helped work on the policy with many wonderful school partners).

Would be happy to hop on a call to talk about the possibilities, you may be too far for us to provide a full series to students, but a virtual PD for your teachers with links to sample materials and slides might be a good fit.

Here is a basic overview of our series including descriptions and fees:

Lurie 5-8th+ Student Facing Series, each session is 60min (topic areas also available for Staff

PD with sample slides):

Grade	Session 1	Session 2	Session 3	Session 4	Session 5
5th & 6th	Brave Space & Consent	Gender Upstander: Challenging Stereotypes	Puberty	Reproductive System Basics	

7th & 8th	Consent & Healthy Relationships	Gender Upstander: Identity & terminology	Reproductive Systems	Sexual Health: STI	Reproductive Health: BC
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Additional information on topic areas (each area is covered in age and stage appropriate ways consistent with NSES and IL/ISBE policy)

- **Consent & Healthy Relationships:** Identifying and communicating with supportive adults, defining and communicating consent and boundaries, identifying qualities of a healthy friendship and healthy dating relationships for 7th grade and up.
- **Gender Identity & Sexual Orientation:** We call these workshops "Gender Upstanders." They cover diversity of families, identifying and challenging harmful gender stereotypes, resisting homophobia and transphobia, and creating safe, supportive classroom and school environments (ensuring LGBTQIA youth know the resources for support in their school and community, that teachers have the tools to be supportive adults, and that all students have practice being upstanders for each other).
- **Puberty & Reproductive Systems:** These workshops include body awareness, personal hygiene, common physical, social, and emotional changes of puberty, normalizing the diversity of bodies and paths through puberty, ensuring that students of all genders receive all puberty and reproductive system information (increasing empathy across genders and bodies and ensuring that transgender and intersex youth receive relevant information).
- **Sexual Health & Health Decision Making:** These workshops include prevention of sexually transmitted infections and unintended pregnancy. Workshops promote medically accurate knowledge, build skills to postpone sexual activity and to negotiate safer sexual activities, and to increase access to STI testing, treatment, and contraceptives. Our approach to sexual health is focused on the rights of all people to bodily autonomy (including the knowledge and resources to support lifelong sexual health on their own terms).
- **Never Fear Talks: Sexual Health Education at Home!** Are you wondering what is covered in Sexual Health Education in K-12th at school? Looking for more information on supporting your child at home around topics like consent, boundaries, safe/unsafe touch, gender stereotypes, puberty...
 - Never fear, we're here to support you!! Come meet with Lurie Children's Hospital.

Fees

\$250 per 45-60 min student facing workshop (\$150 for public schools virtual or in person)

Parent/Caregiver open house/ workshop: an overview of content, tips for continuing conversations at home, resources, and Q&A: \$1000 per 90 min workshop (\$750 for public schools)

Staff PD on inclusive Sexual Health Ed Practices: \$1500 for one 90 min workshop or \$1000 per 90 min workshop for a series (we can do one on each of the topics below), sample slide decks and follow-up consultation included

Dawn Ravine
Pronouns: she/her
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Thank you for reaching out, please know that i am frequently out in the community with limited access